# **Sebastian County CSU Policy & Procedure for Law Enforcement**

- Any law enforcement officer within our six county catchment area may refer clients to the CSU.
- Call Sebastian County CSU: 479-785-9480
- Preferably call before the CSU before transporting, but not a requirement
- Ask for the CSU Nurse
- The CSU is accepting referrals from all LE officers employed by a LE agency in our six county catchment area at this time with or without an agreement in place.

#### Good candidates for referral are:

- Individuals 18 and older with a mental health impairment that are wanting help or willing
  to receive help (mental health impairment defined in Act 423 as a substantial impairment
  of emotional processes, the ability to exercise conscious control of one's actions, or the
  ability to perceive reality or to reason, when the impairment is manifested by instances
  of extremely abnormal behavior or extremely faulty perceptions that interfere with one
  (1) or more activities of daily living.)
- The Sebastian County CSU can work with individuals experiencing trauma (crime victims, crime witnesses, severe distress and unable to cope safely at home).
- The Sebastian County CSU can work with those experiencing severe distress due to significant loss or traumatic life events (death, losing custody of children, etc), those impacted by other trauma events or displaying severe emotional shock and needing emergency mental health care should be considered.
- The Sebastian County CSU can work with individuals experiencing hopelessness, contemplating suicidal thoughts or homicidal thoughts, experiencing agitation, hallucinations, delusions, and with arbitrary levels of drugs/alcohol.

## If any officer is not sure, please call for a referral and we can help!

## **Exclusionary Conditions:**

- Behavior that is solely due to intoxication, individuals actively trying and intending to hurt themselves/others or that are destructive individuals requiring restraint (The Sebastian County CSU has no ability to use any form of restraint on an individual)
- Individuals unable to care for their basic needs (feeding self/showering)
- Involuntary commitments
- Poorly controlled epilepsy, individuals with emergency medical needs, such as unstable blood sugars, unstable blood pressure, etc.
- Sex offenders
- Those on 911 release
- Those in the third trimester of pregnancy

#### Other Frequently Asked Question:

- Do you do detox? Observational detox only. The Sebastian County CSU accepts these on a case by case basis with consultation with our medical provider.
- Under what circumstances will they have to pick up a client? As a last resort, unless on a police hold.
- Does officer have to be CIT trained to pick up a client? NO
- Can they come from a jail? If so how? Referrals from jails will be based upon collaborations and approval of the Sheriff, Prosecuting Attorney, and appropriate District or Circuit Judge, for such individual to be released from jail and transported to the CSU for treatment.
- How long will the drop off take? Our goal is a 15 minute wait.
- Does the officer stay with the client during the intake? <u>Officer stays on the premises until the</u> nurse ensures a warm hand-off.
- Do they have to check their weapon at the door? No weapons are allowed in the guest treatment area. Weapons are only allowed in the intake room.